

## SNACK

To encourage independence and in preparation for primary school, children should bring their own snack to kindergarten. They will eat their snack in the snack area during play based learning time. Food provided must be **healthy** and **child friendly** - we suggest **finger food** and recommend crackers, biscuits, cut fruit - e.g. sliced apples, oranges or pears, cut-up vegetables - e.g. carrot or cucumber sticks, tomatoes.

Water is provided at school, but you may want to provide your child with their own water bottle. Please ensure it is labeled with your child's name to minimize lost property. This applies to snack boxes too.



Please Put Your Child's Snack Box in a clean plastic bag incase of leakage